



## GRAPHICS & VIDEO SUBMISSION GUIDELINES

*All video and photos submitted to be used as b-roll must adhere to the following guidelines to be considered usable for productions:*

**GRAPHICS/VIDEO SUBMISSIONS:** KOCT accepts digital files of your images/videos on Flash Drives or via the FTP sites like hightail.com

### VIDEO SUBMISSIONS

Each video must come edited to the correct length to be shown on the program and have edited audio (roll-ins audio to peak at -12db, b-roll audio should be removed)

All video b-roll & roll-ins should be exported with the below settings:

**VIDEO CODEC FILES ACCEPTED:**  
H.264/.MP4

**VIDEO ASPECT RATIO/RESOLUTION:**  
16:9 / 1080P (1920x1080)

**FRAMES PER SECOND:** 29.97fps

**AUDIO:** Stereo, -12db/48khz

### RECORDING VIDEO:

Video being submitted by smartphone must be in high definition (which most smart phone cameras are) at 1920 x 1080. If using a smart phone, ensure that the phone is turned horizontally for landscape mode to fill the entire screen.

Portrait



Landscape

